

The 3-3-3 Rule: Adopting a Shelter Dog

The *3 Days - 3 Weeks - 3 Months* rule is a general guideline for the adjustment period of a dog after adoption. Please remember that every dog is unique and will adjust differently. Give your new companion space and allow them to adjust at their own pace.



3 days

to decompress

-  Feeling overwhelmed
-  May be scared and unsure of what is going on
-  Not comfortable enough to be themselves
-  May not want to eat or drink
-  Shuts down, hides under furniture, and/or curls up in crate
-  Tests the boundaries

3 weeks

to learn your routine

-  Starting to settle in
-  Feeling more comfortable
-  Realizing this could possibly be their forever home
-  Figured out their environment
-  Getting into a routine
-  Lets their guard down; may start showing their true personality
-  Behavior issues may start to appear

3 months

to start to feel at home

-  Finally feels completely comfortable in their home
-  Building trust and a true bond
-  Gained a complete sense of security with their new family
-  Set in a routine

Do you have a question for the expert?

Our Animal Behavioral Specialist, **Breanne Tabbert**, is happy to answer any questions you have about why your pet is doing that . . . thing. Reach out to her at breannes@humane.org

Source: *Rescue Dogs 101* and *Maddie's Fund*

ADOPT US!



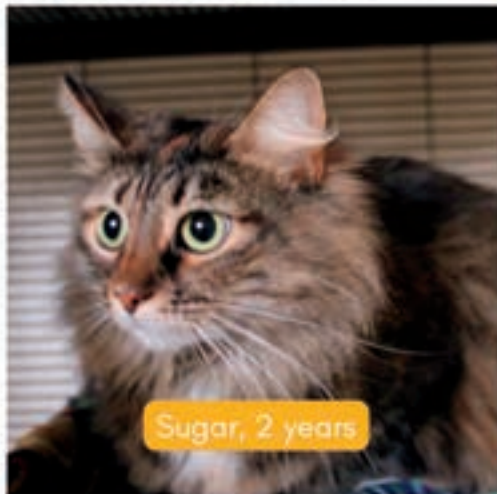
Belle, 7 months



Mitsy, 10 years



Blue, 1 year



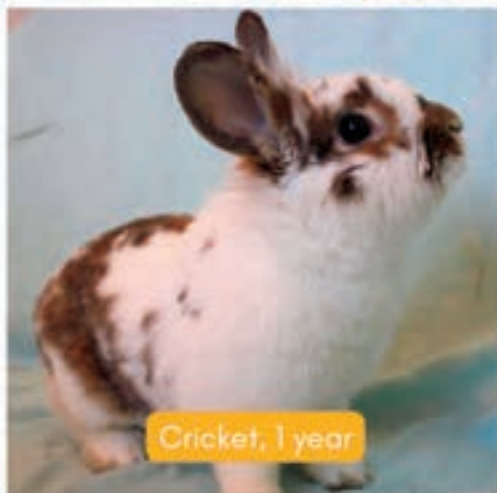
Sugar, 2 years



Chips & Ice Cream, 3 months



Zydeco, 6 years



Cricket, 1 year



Tofu, 3 years



Hermaine, 3 years

Pets available as of February 21, 2023.
See all available pets online at www.cuhumane.org

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You can help us help them!

• ADOPT •

Visit our website or scan the QR Code next to the cat to find your next best friend...

Send us updates about your CCHS alumni...

Follow us on Facebook and Instagram and share our posts!



• VOLUNTEER •

Help care for animals at the shelter...

Participate in Christie Clinic Illinois Race Weekend in April...

Become a foster volunteer...

Help out at Mutt Strut in May...



Scan the QR Code next to the dog to view the CCHS volunteer brochure for more opportunities to help!

• GIVE •

Become an Automatic Monthly Donor...

Include CCHS in your estate plan...

Take up a collection at work or at school...

Give today! Scan this QR Code to make a gift online.



MYTHS & FACTS:

ADDRESSING MISCONCEPTIONS

by Mary Tiefenbrunn

MYTH:

"Pets should never be given as gifts."

FACT:

To the uninformed, this may make sense, but data shows otherwise.*

This myth comes up every year at Christmas time, though the number of people who come to the shelter with this intention has never been more than a few per year. Inarguably, one should not give a pet as a gift without careful consideration of every individual and all the circumstances involved. But the belief that pets given as gifts will inevitably end up at shelters or otherwise discarded does not appear to be based on facts.

A study published by the ASPCA, found that 96 percent of people who received pets as gifts reported it either increased or had no negative impact on their attachment to that pet. Also, 86 percent of the pets in the study were still in their homes, a retention rate roughly equivalent to that for standard pet adoptions.

The study also found no difference in attachment based on whether the gift was a surprise or expected. This is supported by previous studies conducted in the 1990s and 2000, which found that pets acquired as gifts are actually *less likely* to be relinquished to shelters than pets acquired directly by an individual owner.

In any pet adoption we can't see the future. We can only do our best - using our experience and the information before us - to make a match with a good chance of succeeding. We can use our judgment in this way whether the adopter is seeking a new companion for herself or is a loving spouse planning a 4-legged surprise he knows will be welcomed with open arms. If the adopter has considered all the "what ifs" and takes the responsibility seriously, why should we say, "no; we know better"?

*Source: <https://www.mdpi.com/2076-2615/3/4/995>


THANK YOU

to our 2022 Fur Ball Presenting Paw Sponsors:

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Shelby & Jack Stifle 



The Fur Ball will return to the iHotel & Conference Center in Champaign

Friday, October 6, 2023!

CCHS Alumni Spotlight



Our Adoption Staff needed some part time help at the front desk last summer, so Frank the 5-year-old chihuahua mix was recruited for the position!

He was "paid" in bacon treats and belly rubs while he was waiting to be adopted.

This happy boy was at CCHS for just two weeks and has been in his forever home since August 2022.

Congratulations on your "retirement," Frank!



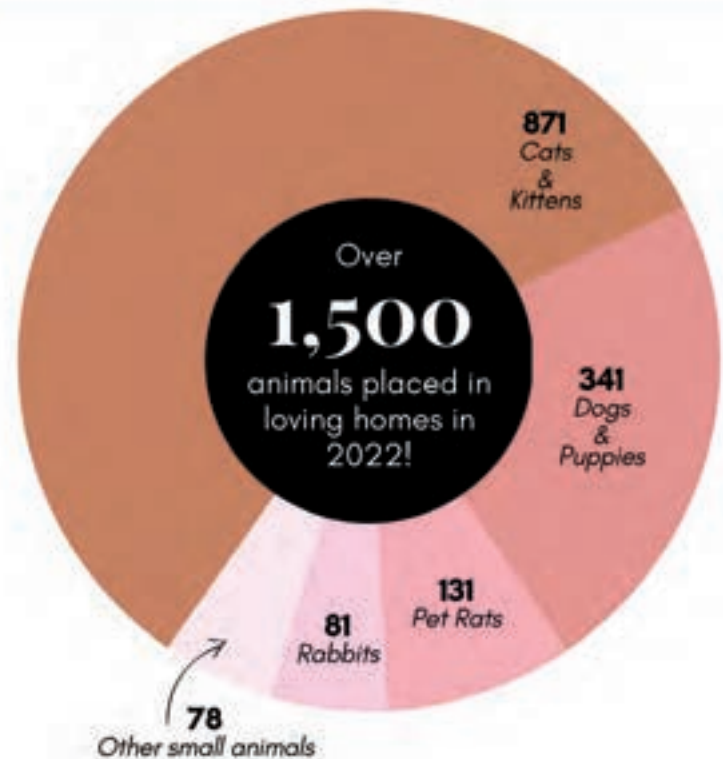
22
cats placed in barn homes
through our working cats
program



272
cats spayed/neutered
through our TNR program



218
families provided with
assistance through our
free food program



To learn more about CCHS programs and services go to www.cuhumane.org or use the camera on your smartphone to scan the QR Code above.